## The Garlic News Connecting

# The Canadian Garlic Network **Issue # 11 Spring 2007**

Managing Editor: Paul Pospisil Business Manager: Mary Lou Pospisil

Contributors: Brian Watkins

: Todd Hannon, TAGCO : Garry Leskiw

: Gilles Nadon : Ted Meseyton

: Charles & Sheila Robb

Published By: Beaver Pond Estates

## **HOW TO CONTACT US**

Paul Pospisil, Managing Editor. The Garlic News, Beaver Pond Estates, 3656 Bolingbroke Road, Maberly, Ont., K0H 2B0

Phone: 1-613-273-5683 email: garlic@rideau.net

Cost: \$15.00 for 4 issues mailed in Canada. Single copy price \$5.00. Outside Canada \$15.00 US and \$5.00 US respectively. Back issues to complete your set are available in single copy, bound sets or on CD.

Advertising inquiries welcome.

### ABOUT THE GARLIC NEWS

The Garlic News uses a newspaper column layout and larger print size for easier reading. The wider margins and 8 ½ x 11 size paper are to enable growers to save copies in a standard 3-hole binder. In keeping with our personal commitment to conservation and environmental protection, envelopes have been eliminated where possible.

### **EDITORIAL POLICY**

The Garlic News is a new publication. It carries on from where the Garlic Newsletter and The Voice of Garlic left off. Its purpose is to enable farmers and gardeners to grow better garlic and enjoy it more. Articles and contributions are welcome and will be published subject to space and suitability. Letters and articles may be edited for length and content. The News is distributed in Canada by subscription.

The Editor reserves the right to refuse advertising, subscriptions or material submitted for publication where, in his sole discretion, such inclusion would detract from the worth of the publication. Articles should be no longer than 400 words. Pictures may be either colour

Contents copyright © 2007 Paul Pospisil. No part of this publication may be reproduced or duplicated without the written permission.

Deadline for the Summer Issue is June 4.

## In This Issue

1

# Garlic, Festivals and Trivia Arthritic Knees

Observations on garlic and life as we see it.

#### News from the garlic patch 3

Garlic stories, events and items of importance to garlic lovers.

#### People – We Get Calls and Letters 4-5

We get calls and letters from growers, and more calls and letters.

# **Testing the Roasted Garlic Express**

Chef Brian Watkins tests this unique kitchen appliance and gives it his stamp of approval.

#### 7 Marketing - A Consumers Guide to Garlic

The garlic guru provides hints on selecting, buying, storing and using garlic.

#### A Genetic Variant due to Genetic Expression? 8

Gilles Nadon tells of a very interesting garlic mutation in his garlic patch.

## Ted Meseyton, the Singing Gardener & Grow-It Poet

Ted brings wild garlic seed information, garden news and advance information on the 2007 Pembina Garlic Festival.

#### 10-11 The Garlic Directory

Garlic ads, listings and useful garlic contacts. Growers are finding the advantage of letting buyers know about them.

#### The Best Garlic Recipes and Ideas 12

Ideas and recipes using roast garlic for a superb Easter meal.

#### More Garlic Recipes, Tips and Ideas 13

Great roast garlic recipes provided by the Roasted Garlic Express

#### 14 Garlic Workshop in Haliburton County

Following last year's successful event, Charles & Sheila Robb bring a repeat performance to start off the 2007 season of garlic celebrations.

### **Enclosures:**

Early Bird Renewal Form for subscriptions expiring summer 2007 Enviro-Threads Order Form for garlic bags Advance Garlic Seed Order Form from the Small-Plot Variety Trials

## RENEW YOUR SUBSCRIPTION EARLY

Avoid paperwork during the busy harvest season. It's hard for all of us to keep up over the summer when beautiful days keep you outdoors.

For subscriptions expiring with issue #12, Summer 2007, your Early Bird Renewal form is enclosed. Don't delay, do it now so that your Garlic News will continue to arrive with no interruption. If there was no form with your News, you are paid up.

# Eastern Ontario Garlic Field Day 2007

**Sunday, 24 June 2007** 

An annual outdoor event run for growers at the Beaver Pond Estates trials location to learn more about garlic.

(Contact the editor if you wish to attend but didn't receive an invitation by end May)

### Garlic Braids & Braiding Techniques

In the Summer 2007 issue we will be featuring Garlic Braids & Braiding. If you have a special method or technique to share, please send it in by June 04.